

NAVIGATING THE PARENTING YEARS

2014-2015
Speaker Series

presents

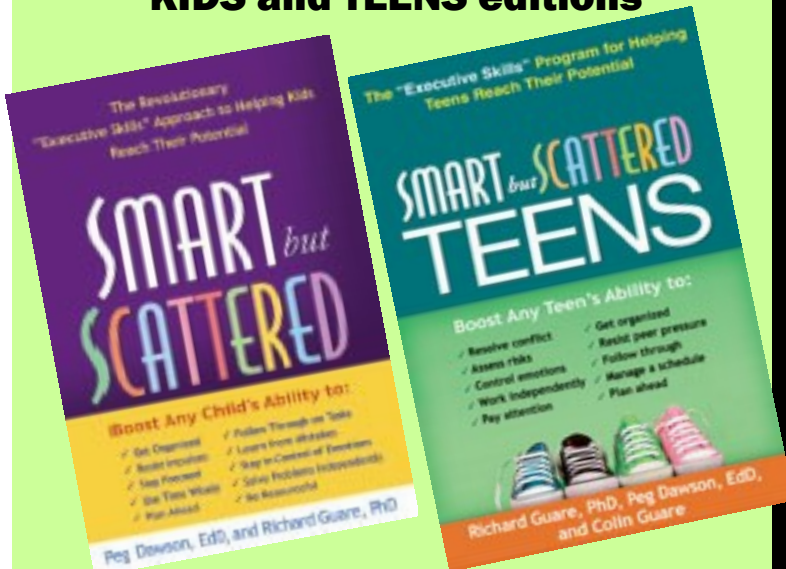
PEG DAWSON Ed.D., NCSP

**PSYCHOLOGIST,
EXECUTIVE FUNCTION EXPERT AND**

CO-AUTHOR OF THE BOOKS

SMART BUT SCATTERED

KIDS and TEENS editions



MON / MARCH 30

7:00PM / FREE

**NOCK MIDDLE SCHOOL LIBRARY
70 LOW STREET, NEWBURYPORT**

Executive Function skills are processes in the brain that take decades (or longer!) to mature.

Learn about the development of these abilities and how you can help your children – no matter WHERE they are in the process of acquiring these skills.

- **Planning tasks**
- **Organizing tasks**
- **Executing tasks**
- **Completing tasks**
- **Setting goals**
- **... and MORE**

**Disorganized? Forgetful? Easily frustrated? Resists changes to routine?
Difficulty managing time and tasks? Forgets to bring materials home? Sloppy?
Interrupts others? Easily over-stimulated? Runs out of steam before finishing?
Leaves homework or chores until the last minute?**

**This presentation is for parents of children of ALL ages and abilities.
Whether any of these issues are a challenge for your child or not,
Peg Dawson's insight and tips can help you help your child
develop these important life skills.**

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Newburyport Youth Services
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