



**NAVIGATING THE PARENTING YEARS
2015-2016 / SPEAKER SERIES
JOIN US**



**WEDNESDAY, MARCH 2ND, 7PM
RUPERT A. NOCK MIDDLE SCHOOL**



DR. RUTH POTEE

**UNDER CONSTRUCTION:
WHAT EVERY PARENT MUST KNOW
ABOUT TWEEN AND TEEN
BRAIN DEVELOPMENT**

FREE & OPEN TO PUBLIC

Dr. Potee visits Newburyport as a guest of Mayor Holaday and the BEACON Coalition to work with police, prescribers, educators and parents in a focused, local response to the heroin crisis.

Dr. Potee's expertise in the area of adolescent brain development and its impact on teenage risk taking, including alcohol and substance abuse, has been featured nationally. She is a dynamic speaker, blending scientific research with hands-on understanding of the challenges of raising healthy teens. Parents/guardians, grandparents and community members who interact with youth of all ages are encouraged to attend.

PARENTS OF TEENS & TWEENS:

will learn how the teen brain develops and how to apply this knowledge in daily interactions with teens

PARENTS OF YOUNGER CHILDREN:

will gain information helpful in preparing young people as they grow

FREE DROP-IN BABYSITTING:

Offered at the Nock by trained NYS staff for ages 6 to 10.
For more information, call 978-465-4434. No registration necessary.

brought to you cooperatively by

Newburyport Youth Services
Beacon Coalition

River Valley Charter School
Parents' Alliance

Newburyport
PTO