



The Cafeteria “Food Recovery Program” is underway at the Nock Middle School, Molin Upper Elementary School and the Bresnahan Elementary School here in Newburyport.

This program at the Schools is run by Nourishing the North Shore; please see below for more information on this wonderful endeavor.

Nourishing the North Shore (NNS) distributes fresh, local produce during the growing season to those in need in the Greater Newburyport Community. With the help of local farmers and our small farm in West Newbury, we were able to distribute over 5,500 lbs. of beautiful fruits and vegetables this summer to our neighbors in need, but we need your help during the off season. Food recovery in the schools is an incredible way not only to reduce waste, but to help provide wholesome foods to seniors and families in our community when local produce is less available. For more information on NNS please visit our website at <http://www.nourishingthenorthshore.org>.

What this means to your children is that some of the unused items left on the student’s tray that would ordinarily go in the trash will now be saved and distributed to needy families in the community. These include unopened items such as milk, fruit and veggie cups, yogurt, sun butter, cheese, margarine cups and fresh fruit with the exception of bananas. The National School Lunch Program requires that fruit and vegetables be a part of every school lunch meal, and while we are continually encouraging students to eat healthy often times these items end up in the trash.

A heartfelt thank you for your support!

Food Service Department & Nourishing the North Shore