



Rupert A. Nock Middle School

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NEWBURYPORT PUBLIC SCHOOLS

Dear Nock Community,

We have had a busy and full first day of school. It's nice to have everyone back in the building! Students will be coming home with a packet of information for parents or guardians to complete:

- Confidential health form—please complete, sign and return
- Emergency Contact Information—please review, correct and return
- Student Handbook Sign-off—please see our Handbook located under the Parent tab on our website, sign and return the sign-off page
- Reduced Lunch and Insurance forms—return as needed

Today students had a chance to meet their classmates, teachers, and the Nock staff. Each team spent time on the logistics of school as well as engaged in activities designed to help create a safe and supportive school community.

As a reminder, our school day begins at 7:30 AM and ends at 2:00PM. We would like students in the building by 7:20 AM to allow them time to get to their lockers and get ready for the day. Each team has an "Are you ready?" whiteboard in the hallway to help students prepare for the day. We do not have adults on duty until 7:15 AM, so please adjust your drop-off accordingly.

The start to a new school year can be both exciting and worrisome for our students. I hope with each new day, your child will feel more and more comfortable with his or her teaching team, schedule, academic expectations, and peer group. Please let your child's teaching team, or any of us here in the office, know if you have concerns or questions.

To help keep you connected with some of the day-to-day activities at the Nock, I will be writing a blog called Nock News. You can get to the Nock News blog from the grey information bar on our homepage. In addition, you can find all our notices posted on the Nock Notices tab also in the grey bar.

I am looking forward to a fun fall!

Warmly,

Lisa Furlong